

PSHE Progression of skills Key Stage 1 Rights and Responsibilities

Focus on:

- taking care of myself
- taking care of money
- taking care of the environment
- Self-regulation
- Looking after money (saving and spending)

Pupils should:

- learn about what keeping healthy means; different ways to keep healthy
- identify the people who love and care for them and what they do to help them feel cared for
- learn about the people who help us to stay physically healthy
- know about how physical activity helps us to stay healthy; and ways to be physically active everyday
- understand why we need money
- recognise jobs help people earn money
- learn how to look after the environment (know what littering is etc)
- understand different feelings, and have strategies to cope with them.

PSHE Progression of skills Lower Key Stage 2 Rights and Responsibilities

Focus on:

- Personal strength, skills and achievements
- Looking after the environment
- Managing money
- Making a difference – helping others, the environment
- **Media influences – internet safety**
- Decisions about money

Pupils should:

- know ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)
- know that people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity)
- recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes
- **identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth**
- **know how to assess the reliability of sources of information online; and how to make safe, reliable choices from search results (Project Evolve – safer searching)**
- **recognise ways in which the internet and social media can be used both positively and negatively (Project Evolve – targeted content (managing online information))**
- learn different ways to keep track of money
- know about risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe

PSHE Progression of skills Upper Key Stage 2 Rights and Responsibilities

Focus on:

- What are my rights and responsibilities?
- Making a difference
- Lending, borrowing and spending money and other items
- Media bias
- Social media (personal information and accuracy of content)
- Earning and saving money
- Democracy

Pupils should:

- about the new opportunities and responsibilities that increasing independence may bring
- recognise, clarify and if necessary challenge their own values and understand how their values influence their decisions, goals and behaviours
- know about the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations
- identify the ways that money can impact on people's feelings and emotions
- recognise that people make spending decisions based on priorities, needs and wants
- know about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation (Project Evolve – online challenges)
- recognise things appropriate to share and things that should not be shared on social media; rules surrounding distribution of images (Project Evolve – online sexual content)
- learn what democracy is, and examples